



Dimitrios Kokaridas

Items	Number
Books	4
Book Chapters	1
Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases (e.g. SPORTDISCUS)	44
Articles in Journals not Indexed in Bibliographical Databases	2
Refereed International Conference Presentations	8
Invited Presentations	15
Harzing'sPorP/Scopus Citation Index(including self-citations)	177
Harzing'sPorP/Scopus h-index	h index: 8
Involved in Successful Grant Applications	

1 EDUCATION

1. Bachelor degree, Department of Physical Education and Sport Science (DPESS), Aristotle University of Thessaloniki (1992).
2. Master in Education (M.Ed), School of Education, Centre of Special Educational Needs, Victoria University of Manchester, UK (1994).
3. Doctor of Philosophy (Ph.D) in Education, School of Education, Centre of Special Educational Needs, Victoria University of Manchester, UK. (1997).

2 EMPLOYMENT HISTORY

- Lecturer in "exercise for people with disabilities", Department of Physical Education and Sport Science (DPESS), University of Thessaly (since 2013).
- Teaching Staff in "adapted physical education", Department of Physical Education and Sport Science (DPESS), University of Thessaly (2002 -2013).
- PE teacher of secondary school education, Olympic education course (for students with disabilities), Thessaloniki (8/02/01 - 30/06/01 & 22/10/01 - 30/06/02).
- PE teacher, in "exercise for all" people with disabilities Municipality programs (12/01-2001 - 07-02-2001).

3 ACADEMIC&SCIENTIFIC EXPERIENCE

3.1 Undergraduate Teaching

1. DPESS, University of Thessaly, courses: "adapted physical education (main specialty)", "exercise for people with disabilities", "recreation for people with disabilities" (since 2002).

3.2 Postgraduate Teaching

1. "European Master of Sport and Exercise Psychology" (EMSEP), DPES, University of Thessaly, teaching of the "Psychology of Adapted Physical Activity" course (since 2010)

3.3 Supervision/Co-supervision of Doctoral Theses

3.3.1 Completed

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3.3.2 In Progress

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3.4 Supervision/Co-supervision of Master's Dissertations

3.4.1 Completed

1. Eleni Gioti (2014) – principle supervisor
2. Ignatios Karanikas (2014) – principle supervisor
3. Maria Rempelou (2014) - supervisor

3.4.2 In Progress

1. Pavlos Konstantinou (2014) – principle supervisor

3.5 Funding

3.5.1 Competitive International

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3.5.2 Competitive National

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3.5.3 Miscellaneous

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3.6 Participation in International Scientific and Administrative Committees

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3.7 Membership in International Professional Organizations

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4 PUBLICATIONS

4.1 Books

1. Kokaridas, D. (2010). *Disability and Exercise: Individualization, Adaptations and Inclusion Aspects*. Thessaloniki: Christodoulidis Publishing.
2. Kokaridas, D., & Perkos, S. (2005). *Wheelchair basketball*. Thessaloniki: Christodoulidis Publishing.
3. Kokaridas, D. (2004). *Physical Education for Students with Disabilities in Typical Schools*. Thessaloniki: Christodoulidis Publishing.

4. Kokaridas, D. (2003). *Swimming for People with Disabilities*. Thessaloniki: Christodoulidis Publishing.

4.2 Book Chapters

1. Kokaridas, D., Maggouritsa, G., & Theodorakis, Y. (2014). Exercise for all in special populations (chapter 2). In the book *Implementation Guide of Exercise Programs for All* (Koustelios A, Ed.). ESPA, Hellenic Ministry of Health, pp. 59 - 99.

4.3 Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases (e.g. SPORTDISCUS)

1. Tsimaras, V., Papaioannou, M., Proios, M., Fotiadou, E., Kokaridas, D., & Kotzamanidou, M. (2014). The effect of a digital interactive game in distractibility, hyperactivity and impulsivity in individuals with attention deficit hyperactivity disorder and intellectual disability. *Journal of Physical Education and Sport*, 14 (4), 500 – 506.
2. Maggouritsa, G., Kokaridas D., Theodorakis, I., Patsiaouras, A., Mouzas, O., Dimitrakopoulos, S., & Diggelidis, N. (2014). The effect of a physical activity programme on improving mood profile of patients with schizophrenia. *International Journal of Sport and Exercise Psychology*, 12 (3), 273 – 284.
3. Maggouritsa, Kokaridas, D., Stoforos, P., Patsiaouras, A., Diggelidis, N., & Theodorakis, Y. (2014). The Effect of a Physical Activity Program on Improving Body Cathexis and Self-Esteem of Patients with Schizophrenia. *Inquiries in Sport and Physical Education*, 12(1), 40 – 51.
4. Kokaridas, D., Paslamouska, M., Patsiaouras, A., Natsis, P., Karagiannidis, I., Maggouritsa, G., & Efthimiou, P. (2014). Dynamic evaluation approach in adapted physical education: Assessing procedure and Individualized Education Program for inclusion purposes. *Electronic Journal for Inclusive Education*, 2 (3), Art.7 (Summer/Fall).
5. Polyzopoulou, K., Kokaridas, D., & Patsiaouras, A. (2014). Teachers' perceptions toward education of gifted children in Greek educational settings. *Journal of Physical Education and Sport*, 14 (2), 211 – 221.
6. Kokaridas, D., Maggouritsa, G., Stoforos, P., Patsiaouras, A., Theodorakis, Y. & Diggelidis, N. (2013). The Effect of a Token Economy System Program and Physical Activity on Improving Quality of Life of Patients with Schizophrenia: A Pilot Study. *American Journal of Applied Psychology*, 2 (6), 80-88.
7. Giagazoglou, P., Kokaridas, D., Sidiropoulou, M., Patsiaouras, A., Karra, C., & Neofotistou, K. (2013). Effects of a trampoline exercise intervention on motor performance and balance ability of children with intellectual disabilities. *Research in Developmental Disabilities*, 34, 2701 - 2707.
8. Kaltsatou, A., Fotiadou, E., Tsimaras, V., Kokaridas, D., & Sidiropoulou, M. (2013). The effect of a traditional dance training program on dancing skills, rhythm and orientation abilities and on intrinsic motivation of individuals with hearing loss. *Journal of Physical Education and Sport*, 13(3), 438 - 446.
9. Fotiadis, D.G., Fotiadou, E.G., Kokaridas, D., & Mylonas, A.C. (2013). Prevalence of Musculoskeletal Disorders in Professional Symphony Orchestra Musicians in Greece. A Pilot Study Concerning Age, Gender, and Instrument-Specific Results. *Medical Problems of Performing Artists*, 28 (2), 91 - 95.

10. Giagazoglou, P., Sidiropoulou, M., Kouliousi, C., & Kokaridas, D. (2013). Motor developmental delays of institutionalized preschool aged children. *Early Child Development and Care*, 183 (5), 726 - 734.
11. Patsiaouras, A., Georgiadi, O., Anagnostou, G., Georgiadis, T., & Kokaridas, D. (2013). The effect of a person-centered approach in the management of anxiety in sports: an examination study. *Serbian Journal of Sport Sciences*, 7 (4), 187 – 193.
12. Anagnostou, G., Patsiaouras, A., Demetriou, S., & Kokaridas, D. (2013). Goal orientation and participation motivation in tennis young players. *Journal of Physical Education and Sport*, 13(3), 464 – 470.
13. Sidiropoulou, M., Kokaridas, D., Giagazoglou, P., Karadonas, M., & Fotiadou, E. (2012). Incidence of exercise induced asthma in adolescent athletes under different sports training and environmental conditions. *Journal of Strength and Conditioning Research*, 26 (6), 1644 - 1650.
14. Tsimaras, V., Giamouridou, A., Kokaridas, D., Sidiropoulou, M., & Patsiaouras, A. (2012). The effect of a traditional dance training program on dynamic balance of individuals with mental retardation. *Journal of Strength and Conditioning Research*, 26, 192 - 198.
15. Ampatzidou, A., Kokaridas, D., Giannia, N., Paslamouska, M., Patsiaouras, A., & Latini, E. (2012). Perceptions of educators regarding level of knowledge in adapted physical education: a pilot study. *Interscientific Health Care*, 4 (1), 25-33.
16. Tsapatos, S., Patsiaouras, A., & Kokaridas, D. (2012). Motivation in the Context of Leisure and Outdoor Recreational Activities: An Application of The Hierarchical Model and the Goal Achievement Model Among Children 12-15 Years Old. *Hellenic Journal Sport & Recreation Management*, 9 (1), 10 - 17.
17. Tsiantoula, E., Tsiantoula, L., Patsiaouras, A., & Kokaridas, D. (2012). Exercise and Depression. *Interscientific Health Care*, 4 (3), 83 – 90.
18. Giagazoglou, P., Kabitsis, N., Kokaridas, D., Zaragas, C., Katartzi, E., & Kabitsis, C. (2011). The movement assessment battery in Greek preschoolers: The impact of age, gender, birth order, and physical activity on motor outcome. *Research in Developmental Disabilities*, 32 (6), 2577-2582.
19. Tsimaras V., Arzoglou, D., Fotiadou, E., Kokaridas, D., Kotzamanidou, M., Angelopoulou, N., & Bassa, E. (2011). Gross motor ability of native Greek, Roma, and Roma immigrant school-age children in Greece. *Perceptual & Motor Skills*, 112 (1), 279-88.
20. Broupi, A., Kokaridas, D., Giagazoglou, P., Patsiaouras, A., Maggouritsa, G., & Angelopoulou - Sakadami, N. (2011). Evaluation of Physical Education Teachers' attitudes toward inclusion of students with disabilities: a pilot study. *Hellenic Journal of Physical Education and Sport Sciences*, 31 (2), 196-216.
21. Giannia, N., Kokaridas, D., Ampatzidou, A., Paslamouska, M., Patsiaouras, A., Latini, E., & Kiparrisi, G. (2011). Professional burnout of personnel working in summer camps of people with disabilities. *Interscientific Health Care*, 3 (4), 158-164.
22. Patsiaouras, A., Moustakidis, A., Charitonidis, K., & Kokaridas, D. (2011). Technical Skills Leading in Winning or Losing Volleyball Matches During Beijing Olympic Games. *Journal of Physical Education and Sport*, 11/2, 39 - 42.

23. Tsimaras, V., Kiriazis, D., Fotiadou, E., Kokaridas, D., Christoulas, K., & Angelopoulou, - Sakadami, N. (2010). The Effect of a Traditional Dance Training Program on the Physical Fitness of Adults with Hearing Loss. *Journal of Strength and Conditioning Research*, 24 (4), 1052 - 1058.
24. Patsiaouras, A., Moustakidis, A., Charitonidis, K., & Kokaridas, D. (2010). Volleyball technical skills as winning and qualification factors during Olympic Games 2008. *International Journal of Performance Analysis in Sport*, 10/2,115-120.
25. Kokaridas, D., Perkos, S., Harbalis, T., & Koltsidas, E. (2009). Sport orientation and athletic identity of Greek wheelchair basketball players. *Psychological Reports*, 109 (3), 887-898.
26. Mousouli, M., Kokaridas, D., Angelopoulou – Sakadami, N., & Aristotelous, M. (2009). Knowledge and attitudes towards children with special needs by physical education students. *International Journal of Special Education*, 24 (3), 85 – 89.
27. Patsiaouras, A., Charitonidis, K., Moustakidis, A., & Kokaridas, D. (2009). Comparison of technical skills effectiveness of men's National Volleyball teams. *International Journal of Performance Analysis in Sports*, 9 (1), 1-7.
28. Kokaridas D., Vlachaki, G., Zournatzi, E., & Patsiaouras A. (2008). Parental Attitudes Regarding Inclusion of Children with Disabilities in Greek Education Settings. *Electronic Journal for Inclusive Education*, 2 (3), Art. 6 (Winter/Spring).
29. Stamou, E., Theodorakis, Y., Kokaridas, D., Perkos, S., & Kessanopoulou, M. (2007). The effect of self-talk on the penalty execution in goalball. *British Journal of Visual Impairment*, 25, 233-248.
30. Bekiari, A., Kokaridas, D., Sakellariou, K. (2006). Associations of students' self-reports of their teacher's verbal aggression, intrinsic motivation, and perceptions of reasons for discipline in Greek physical education classes. *Psychological Reports*, 98, 451-461.
31. Natsis, P., Golia, A., Kokaridas, D., & Karapanou, E. (2006). Tradditional games and their contribution: a qualitative approach. *Inquiries in Sport and Physical Education*, 4, 420-429.
32. Bekiari, A., Patsiaouras, A., Kokaridas, D., & Sakellariou, K. (2006). Verbal aggressiveness and state anxiety of volleyball players and coaches. *Psychological Reports*, 99, 630-634.
33. Kokaridas, D., Natsis, P., Makropoulos, M., Chatzigeorgiadis, A., & Karpathakis, N. (2005). Sport orientation and athletic identity of Paralympic Games' shooters. *Inquiries in Sport and Physical Education*, 3(1), 98 – 106.
34. Vaporidi, I., Kokaridas, D., & Kromidas, X. (2005). Attitudes of physical education teachers towards inclusion of students with disabilities in typical classes. *Inquiries in Sport and Physical Education*, 3 (1), 40-47.
35. Maggouritsa, G., Kokaridas, D., & Theodorakis, Y. (2005). Attitudes of secondary school students toward the inclusion of peers with borderline intelligence prior and after the application of a recreation program. *Inquiries in Sport and Physical Education*, 3 (3), 212-224.
36. Bekiari, A., Kokaridas, D., & Sakelariou, K. (2005). Verbal aggressiveness of physical education teachers and students' self-reports of behavior. *Psychological Reports*, 96, 493-498.
37. Kokaridas, D., Bekiari, A., & Sakelariou, K. (2005). Students' goal orientations, perceived motivation climate and their relation with the selection of a specialty. *Journal of Human Movement Studies*, 48, 181-194.

38. Papadopoulou, D., Kokaridas, D., Papanikolaou Z., & Patsiaouras A. (2004). Attitudes of Greek Physical Education Teachers toward inclusion of students with disabilities. *International Journal of Special Education*, 19 (2), 104-111.
39. Voutsas, D., & Kokaridas, D. (2004). Effect of an adapted swimming program on the performance of an individual with kyphosis – scoliosis. *International Journal of Special Education* 19 (2), 64-72.
40. Maggouritsa, G., Kokaridas, D., Hasandra, M., Perkos, S., Tsapatos, S., & Davos, A. (2004). Sport Orientation of Wheelchair basketball athletes. *Inquiries in Sport and Physical Education*, 2 (1), 67-72.
41. Natsis, P., Theodorou, F., Kokaridas, D., Chatzigeorgiadis A., & Theodorakis, Y. (2004). (2004). Participation of children with mental retardation in exercise programs: Prediction of parents' intention. *Inquiries in Sport and Physical Education*, 2 (1), 51-57.
42. Fotiadou, E., Giagazoglou, P., Kokaridas, D., Angelopoulou, N., Tsimaras, V. & Tsozbatzoudis, C. (2002). Effect of rhythmic gymnastics on the dynamic balance of children with deafness. *European Journal of Special Needs Education* 17 (3), 301-309.
43. Kokaridas, D., Angelopoulou-Sakadami, N. & Walters, B. (2000). An intervention in the Halliwick Method procedures (Swimming) for a group of individuals with Down's Syndrome. *European Journal of Special Needs Education* 15 (2), 218-231.
44. Angelopoulou, N., Tsimaras, V., Christoulas, K., Kokaridas, D. & Mandroukas, K. (1999). Isokinetic knee muscle strength of individuals with mental retardation: a comparative study. *Perceptual and Motor Skills*, 88, 849-855.

4.4 Articles in Journals not Indexed in Bibliographical Databases

1. Tsoutsoubi, L., Loules, G., Ioannou L., Pasxalis,S, Kokaridas, D., & Patsiaouras Asterios. (2014). Evaluation of attitudes of physical education students toward the inclusion of students with disabilities: a pilot study. PEPFA Scientific Journal.
http://pepfa.gr/index.php?option=com_content&view=article&id=175:soutsoubi-lydia-loules-georgios-ioannou-leonidas-pasxalis-stefanos-kokaridas-dimitrios-a-patsiaouras-asterios-&catid=57:-2014&Itemid=54
2. Maggouritsa, G., Kokaridas, D., Patsiaouras, A., Saroglakis, G., & Chatzis, G. (2013). Goal setting of coach & wheelchair basketball athletes and psychological techniques usefulness: a case study analysis. PEPFA Scientific Journal.
http://pepfa.gr/index.php?option=com_content&view= article&id=160:georgia-magouritsa-dimitrios-kokaridas-asterios-patsiaouras-george-saroglakis-george-hatzis-&catid=56:teyxos-2013&Itemid=54.

5 REFEREED INTERNATIONAL CONFERENCE PRESENTATIONS

1. Maggouritsa, G., Kokaridas, D., Bonotis, K. (2014). The effect of a physical activity and token economy system program on improving quality of life, mood profile, self-image and self-esteem of patients with schizophrenia. Poster accepted on 4th of April 2014, for the upcoming XVI World Congress of Psychiatry, 14-18 September 2014, Spain-Madrid.

2. Natsis, P., Kokaridas, D., Mathas, G. (2012). Perceptions of Greek PE teachers toward the value and application of a TGfU model in school settings. Teaching Games for Understanding Conference, Loughborough University, UK, 14 -16/7 (poster presentation).
3. Ng, K.W., Ruiz, M., & Kokaridas, D. (2010). Participation in elite sitting volleyball and its affect on training frequency and athletes' emotional state. Adapted Physical Activity over Life Span: European Congress of Adapted Physical Activity (EUCAPA), 6-8 June, Jyvaskyla, Finland, Book of abstracts, p. 93.
4. Patsiaouras, A., Kokaridas, D., & Anagnostou, G. (2010). Person-centered approach and its effect on anxiety management and social skills development in sports settings. 13th World Sport for All Congress, 14-17 June, Jyvaskyla, Finland.
5. Katsarou, D., Kokaridas, D., Hasandra, M., Zisi, V., Patsiaouras, A., & Theodorakis, Y. (2010). The effect of self-talk on the improvement of reading comprehension skills and health education of students with intellectual disabilities. International Conference of Sport Psychology, Hellenic Society of Sport Psychology, ENYSSP Workshop 2010, European Network of Young Specialists in Sport Psychology, 4-6/11.
6. Patsiaouras, A., & Kokaridas, D. (2009). Social-emotional learning and person-centered approach: Application in physical education settings. The 12th ISSP World Congress of Sport Psychology, 17-21 June, Morocco Marrakech, Symposiums Abstracts, p. 150.
7. Fotiadou, E., Tsimaras, V., Giagazoglou, P., Kokaridas, D & Angelopoulou, N. (2002). Effect of rhythmic gymnastics on the dynamic balance of children with deafness. 7th Annual Congress of the European College of Sport Science. Athens, 24-28/7.
8. Kokaridas, D., Angelopoulou, N., & Walters, B. (1997). An Intervention in the Halliwick Method Procedures (Swimming) for a Group of Individuals with Down's Syndrome. 4th International Congress of Northern Greece Sports Medicine Association. Thessaloniki, 19-22/6.

6 INVITED PRESENTATIONS

1. Invited in 15 seminars mostly by primary and secondary school education authorities throughout Greece to present individualized education programming (IEP), structuring of inclusive exercise programs for children with and without disabilities and the first adapted physical education information base created in Greece.

7 MISCELLANEOUS

- Faculty member responsible for "Practicum of DPESS students" (since 6/2014).
- Founder and administrator of the first adapted physical education information base created in Greece (www.pe.uth.gr/efa).
- Member of the Administrative board of the Hellenic Association of Therapeutic Exercise and Special Physical Education.